



O'SULLIVAN SOLUTIONS

CERTIFIED MEDIATION TRAINING

MEDIATORS' INSTITUTE OF IRELAND APPROVED PROGRAMME

Gerry O'Sullivan
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Region: International
Principal Trainer: Gerry O'Sullivan
Price: €1,990. In some circumstances funding may be available. (If requiring assessment, the additional cost will be €250). Contact Gerry O'Sullivan to verify course costs as figures quoted are correct at time of publication but may vary.

Number of participants 6 – 8

Principal Trainer: Gerry O'Sullivan
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Experience:

Gerry O'Sullivan has 23 years experience of contract work in Conflict Resolution, Mediation, Training, Facilitation, and Evaluation, both nationally and internationally. (Please see profile below or refer to www.osullivansolutions.ie) . She is a Practitioner member of the MII. Gerry has mediated in a variety of sectors and has the additional expertise of mediating multi-party and large group disputes.

COURSE INFORMATION

Course Structure: Takes place in 3 modules comprising 3 days one week, 3 days three weeks later and 2 days after another gap of 3 weeks

Training Course 1: Spring 2012
Block 1 - March 29th, 30th, 31st
Block 2 – April 19th, 20th, 21st,
Block 3 – May 3rd, 4th

Trainees have an option to go forward for certified assessment for accreditation with the Mediators' Institute of Ireland. The assessment dates will be 22nd and 23rd May 2011. Participants will be required to attend one of these dates for assessment.

Training Course 2: Autumn 2012
Block 1 - September 27th, 28th, 29th
Block 2 - October 18th, 19th, 20th,
Block 3 – November 1st, 2nd

Trainees have an option to go forward for certified assessment for accreditation with the Mediators' Institute of Ireland. The assessment dates will be November 13th or 14th 2012. Participants will be required to attend one of these dates for assessment.

Course Timings: 9.00 a.m. to 5.30 p.m. (10.00 p.m. – 17.30 p.m. on the first day of each of the modules)

Hours in training: 56 hours in training and 15 hours assignment work.

Venue: Maharees, Castlegregory, Tralee, Co. Kerry. The training will be based in the training facilities of the Harbour House Leisure Centre, Maharees, equipped with swimming pool and sauna. Accommodation is reasonable at a special course rate of €35 per night. See www.maharees.ie for more details. Maharees is surrounded by sea on three sides and is breathtaking in its beauty. The course schedule will allow time for walking on the beaches; surfing; trip to the 6th Century Monastic Settlement on the Island; all arranged for course participants. From Dublin, there are 3 Ryanair flights per day to Kerry and 7 trains per day. Arrangements can be made for collection from the railway station and airport, if participants are arriving at the same time as each other.

THE PROGRAMME

This is a generic course for those who wish to work in any area of mediation. It covers workplace, community and civil and commercial disputes and an adapted version has been delivered by Gerry O'Sullivan in the University of Limerick to participants from the UL “Masters in Arts: Peace and Development Studies” programme. This training includes assessment for accreditation with the Mediators’ Institute of Ireland. If you pass this assessment you will be able to apply to the MII to practice as a “Certified Mediator”.

COURSE AIM

Participants will understand the concept of mediation and the framework required for carrying out professional and effective mediations. They will develop skills for mediating between parties in different contexts.

COURSE OBJECTIVES

Participants will:

- Understand the core concept of mediation, its procedure and practice
- Develop the core competencies necessary for mediating a dispute
- Learn methods and techniques for identifying the core of the conflict
- Be able to identify their own style of handling conflict and the changes they may need to make
- Learn how to empower disputants to move to resolution

TRAINING METHODOLOGY

The process guidelines that will be used in the delivery of the Post Graduate Certified Mediation Training delivered by O’Sullivan Solutions:

- Andragogic principles will underpin the training design and delivery
- Each group engaging in role play will have a trainer for 50% of their role play time.
- Participants will have an opportunity to practice a **minimum** of 3 role-plays, of one hour duration each, during their training, as well as several shorter role plays during skills and learning development.
- The role plays engaged in by the participants during Block 111 of the Training Schedule (refer to **Training Course Schedule**) are filmed and given to the participants to take home with them in order that they can engage in self-analysis with respect to the Core Competencies required by the MII. This is **not** part of the Assessment role play process, but it is an additional tool to prepare participants for the filming of their role play for MII assessment purposes, and to give them an opportunity to self-reflect on their process and skills before the MII Assessment day.
- The list of Core Competencies that are required for passing the MII assessment is used as an on-going reflective tool for the participants after their role playing activities.
- The learning methods will be experiential with exercises, role plays and discussion groups
- Skills learning is delivered by O’Sullivan Solutions using an effective a “piece-by-piece” method, slowly

and thoroughly, so that the participants will become very proficient and confident in their role as mediators and will be able to handle increased levels of tension in a competent manner.

- Encouragement and motivation of participants who may have difficulty in understanding processes or in the development of skills
- Trainee participants and their learning will be the central focus of the programme with customised support for the participants in developing knowledge and skills until they reach the desired proficiency.
- Development of a supportive group learning atmosphere:
- That is conducive to participants sharing learning, information and experiences in order to support each other’s learning.
- That will enable participants to role play comfortably in each others’ presence.
- The creation of an intense learning journey that is “peppered” with fun!
- Participants will receive a comprehensive 160 page training manual to be used as reference tool post-training.

COURSE CONTENT

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Admission Requirements: A commitment to learn alternative ways to address conflict by use of a mediation process.

SENIOR TRAINER:

Gerry O'Sullivan is a Practitioner Mediator of the Mediators’ Institute of Ireland and is trained and certified in Organizational & Workplace Mediation, Community Mediation and in Civil & Commercial Mediation. She has a Diploma in Adult and Continuing Education from NUI Maynooth and has worked as an assessor of trainers for that body. She has delivered Training for Trainers programmes, has provided Support and Supervision for trainers and has adapted training programmes for radio presentation. Gerry is currently delivering Mediation Training to post graduate students undertaking a “Masters of Arts in Peace and Development Studies” in the University of Limerick.

Gerry has attended training with INCORE, University of Ulster on the Evaluation and Assessment of Peace Interventions. She has assisted in the delivery of advanced Commercial Mediation training in Beograd, Serbia and assisted in the establishment of a Mediators Beyond Borders Chapter in Beograd University. Part of the work in Serbia was researching the peace building needs of Serbs living in Kosovo. Gerry has participated in training in “Inter-Community Mediation in Post Conflict Countries” with CSSP Project for Integrative Mediation in Berlin. She is contracted to work in Palestine and Israel for 3 months starting 2nd January 2010 and is invited to work in Kosovo/a with Mediators Beyond Borders in late 2010.

She is a member of the International Mediation Institute and the Irish Commercial Mediator’s Association. She is a panelist mediator with Friarylaw (ADR U.K.), Dublin and The Mediators’ Institute of Ireland for Civil & Commercial Mediations. Gerry is trained in the conduction of Investigations into Bullying & Harassment. She is on an approved panel of consultants with the Equality Authority delivering training and consultancy through Equality at the Level of Enterprise. She has delivered training in “Interest Based Bargaining” (Management and Union Negotiations) with John O’Dowd and Gerry also works in the field of facilitation and in community research and evaluation.

Certified Mediation Training - Booking Form and Booking Terms and Conditions

Name of Course Participant:.....

Name of Participant's Organisation:.....

Your Role in the Organisation.....

Contact Details

Postal Address.....

.....

E-mail

Telephone, mobile.....

Telephone, land line

If you have any additional requirements, please state:

.....

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To **guarantee your place**, please post cheque for **€200** deposit for training costs payable to: Gerry O'Sullivan (not O'Sullivan Solutions), Fahamore, Castlegregory, Co.Kerry

Office: 00353 (0)66 7139235

Mobile: 00353 (0)87 – 9887771

Email: osullivansolutions1@gmail.com

Website: www.osullivansolutions.ie

The **final €1,790** needs to be paid 2 weeks before the commencement of the training programme. Booking for accommodation at €35 per night, to be done through contact details on www.maharees.ie.

Booking Terms and Conditions

A refund of the deposit will not normally be made fewer than 14 days before the course date, unless there is another person waiting for a training place. Substitute delegates may be used however and names changed on the day.

Every effort is made to keep to the programme indicated; however, unforeseen circumstances may lead to a change of facilitator/trainer or may lead to cancellation of the event at any time.

WE RESERVE THE RIGHT TO REFUSE AN APPLICATION FOR A PLACE.